

## Achieving Life Changing Results For Young Adults

Alamo Heights ISD  
Kris Holliday, Director of Special Education  
Mary Hanlon-Hillis, Transition Coordinator  
Austin Amaro, Transition Designee

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### Who are we?



- Alamo Heights ISD-centrally located in San Antonio, TX
  - 394 Special Education Students
- 115 students who could be eligible for a waiver (Roughly 1/4 of SPED)
  - Ages 3-5 = 7
  - Grades 1-5 = 32
  - Grades 6-8 = 31
  - Grades 9-12 = 30
  - 18+ = 15

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### Connecting to Long Term Supports (Medicaid Waivers & Local Authority)

- WHY?
  - Students who receive long term community supports have better post-secondary outcomes than those that don't
  - Referral to Mary Hillis
  - Example: JB
- District Initiative
  - Developing a systematic process to support families and track students has provided life changing results for students
  - Video

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Austin and Drew



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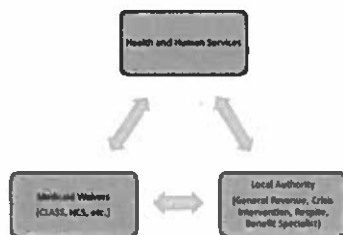
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2 Types of Long Term Community Supports



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What is a Medicaid Waiver?

- MYTH: Medicaid = Only Low Income
- A Medicaid Waiver allows states to wave certain Medicaid eligibility requirements for the delivery of unique services to a specific population i.e. attendant care, respite care, home modifications, residential options, camp, and specialized therapies.
- Medicaid Waivers level the playing field for eligible persons. The family's income is waived. Only the student's income and eligibility criteria are considered, regardless of their age.

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### Who is Eligible for Medicaid Waiver Programs?

- In Texas, your local IDD authority will determine if you can get services. To get services, ***one of the following must apply:***
- You must have a diagnosis of IDD (Intellectual and Developmental Disability).
- You must have a pervasive developmental disorder, such as autism, as defined in the current edition of the Diagnostic and Statistical Manual.
- You must have a related condition and be eligible for, and enroll in, a Health and Human Services (HHS) program that serves people with IDD.
- Others including nursing home clients, and ECI

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### Five Medicaid Waiver Programs

- Five programs were developed to meet a range of needs
- Based on limited state finances, interest lists were developed. An individual can be on several interest lists at one time. We encourage families to place students on as many interest lists as could be appropriate.
- In our 18+ program, we utilize Medicaid Waiver supports and services from the local authority as the school district support fades out.

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### Community Living Assistance & Support Services (CLASS)

- The CLASS program provides services to people with a related condition who need habilitation services. People with a related condition have a qualifying disability, other than a diagnosis of an intellectual disability, that originated before the age of 22 and that affects their ability to function in daily life.
- Examples of related condition (over 200), examples include epilepsy, autism, down syndrome, cerebral palsy, spina bifida, etc.

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Community Living Assistance & Support Services  
(CLASS)

- How does this help our students?
  - Provides habilitation services such as adaptive aids, medical supplies, behavior support, respite care, nursing, case management, specialized therapy, and employment services
  - Example: Austin (17 hours per month, rec/music/massage therapy)
- Average Time on Interest List: 10-11 yrs
- Annual Maximum Cost: \$114,736.07 (Based on Level of Need (LON))

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Home & Community-Based Services (HCS)

- The HCS program provides services to people with IDD who live with their family, in a host/companion care setting, or in a residence with no more than four people who also receive services. Services meet the person's needs so the person can maintain himself or herself in the community and have opportunities to participate as a citizen to the maximum extent possible.
- ID or IQ below 75, with a related condition, such as seizure disorder

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Home & Community-Based Services (HCS)

- How does this help our students?
  - Adaptive aids, minor home modifications, professional therapies, behavior support, dental treatment, nursing, residential assistance, respite, day habilitation, and employment services.
  - Example: Drew (Respite, Job Coaching, Day Hab)
- Average Time on Interest List: 11-12 yrs
- Annual Maximum Cost: \$167,468 - \$305,877 (Based on LON)

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Medically Dependent Children's Program (MDCP)

- Services and supports to families caring for a medically dependent child who need skilled nursing care in their home who is less than 21 years of age. At age 21, eligible individuals would transition to STAR+PLUS.

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Medically Dependent Children's Program (MDCP)

- How does this help our students?
  - Adaptive aids, adjunct support services (such as those that support independent living, participation in child care and participation in post-secondary education), minor home modifications, respite and transition assistance services.
  - Example Joseph (Children's Museum, Dinosaur George, Personal Trainer)
- Average Time on Interest List: 4-5 yrs
- Annual Maximum Cost: \$35,505 - \$58,334 (Based on LON)

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Deaf-Blind Multiple Disabilities (DBMD)

- The DBMD program provides services to people who are deaf, and blind and also have an additional disability. The program helps people communicate, and interact with their environment.

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Deaf-Blind Multiple Disabilities (DBMD)

- **How does this help our students?**
  - Adaptive aids, medical supplies, assisted living, audiology, behavioral support, case management, minor home modifications, dental, chores, intervener, therapies, orientation and mobility, day habilitation, nursing, respite, employment assistance and supported employment.
- Average Time on Interest List: 1-4 yrs
- Annual Maximum Cost: \$114,736.07 (Based on LON)

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Texas Home Living (TxHML)

- The TxHML program provides essential services and supports so that people with IDD can continue to live with their family or in their own homes.
- \*\*\*Individuals should be receiving or Medicaid eligible.

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Texas Home Living (TxHML)

- **How does this help our students?**
  - Community support, nursing, adaptive aids, minor home modifications, specialized therapies, behavior support, dental treatment, respite, day habilitation, and employment services.
  - Examples: Myriam/Andres/Juan
- Average Time on Interest List: 7-8 yrs
- Annual Maximum Cost: \$17,000 (Based on LON)

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### What is a Local Authority?

- A Local Authority provides access to community services and supports for individuals within a geographic area.
- The Local Authorities in our state (38) determine eligibility for IDD, and manage funds and services for people within the service area.



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### General Revenue Funded Services (GR)

- GR funded services are primarily intended to help people remain in their own or their family's home.
- GR services are provided by or through the Local Authority for IDD and can vary from one part of the state to another.

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### General Revenue Funded Services (GR)

- How does this help our students?
  - Behavior supports, community support services, day habilitation, employment assistance, respite services, specialized therapies and supported employment.
- Average Time on Interest List: 1-2 yrs
- Example: Laura
- Annual Maximum Cost: \$2,000 for individuals younger than 18. \$4,000 for individuals older than 18

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### How Do I Find My Local Authority?




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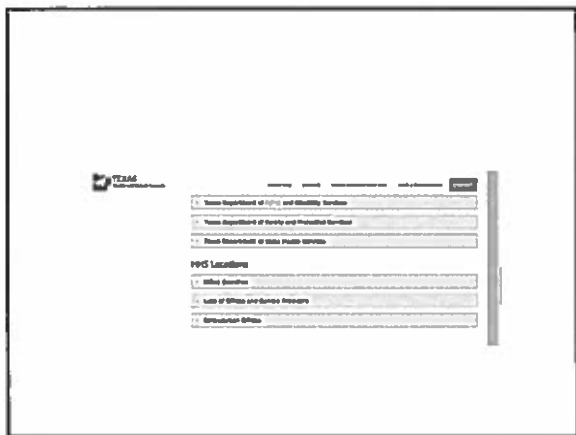
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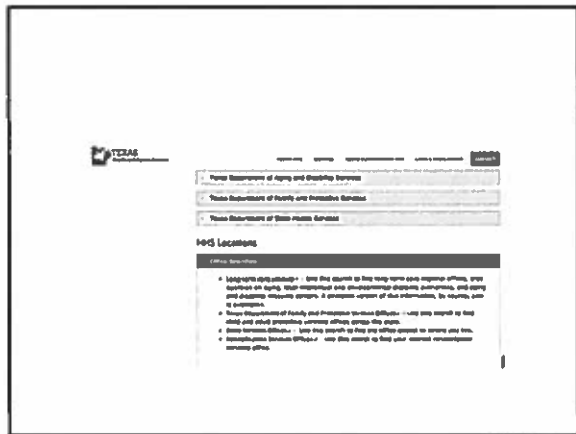
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**Contact TDD**

**Where Do I Call to Get HHS Services?**

I can help with applying for services, applying for a job, or applying for a license or permit. I can also help you with your application for a job or a license or permit. I can also help you with your application for a job or a license or permit.

You can also call 1-800-455-4772 for more information.

**HHS Local Offices**

Click here to find out what a local authority is.

- **Alamo Local Authority** - 710-433-3020 (Bexar County residents)
- **Hill Country HHS Centers** - 830-433-7394 (Comal County residents)

**Ageing & Disability Resource Center (ADRC)**

Click here to find out what an ADRC is.

1-800-455-4772

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**San Antonio**

**Local Intellectual & Developmental Disability Authorities (LIDDAs)**

Click here to find out what a local authority is.

- **Alamo Local Authority** - 710-433-3020 (Bexar County residents)
- **Hill Country HHS Centers** - 830-433-7394 (Comal County residents)

Information updated October 31, 2016

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**Dallas**

**Local Intellectual & Developmental Disability Authorities (LIDDAs)**

Click here to find out what a local authority is.

- **Lipscomb Systems** - 972-727-9133 (Collin County residents)
- **Integrative SERVICES** - 214-313-7020 (Dallas County residents)

Information updated October 1, 2014

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**Midland**

**Local Intellectual & Developmental Disability Authority (LIDDA)**

[Click here to find out what a local authority is.](#)

- [Deacon, Baze Community Centers](#) 412-178-2165

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Information updated October 21, 2016

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**Lubbock**

**Local Intellectual & Developmental Disability Authority (LIDDA)**

[Click here to find out what a local authority is.](#)

- [StarCare Specialty Health System](#) 1-800-487-7581

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Information updated October 21, 2016

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**Austin**

**Local Intellectual & Developmental Disability Authorities (LIDDAs)**

[Click here to find out what a local authority is.](#)

- [Austin South County Integrated Care](#) 512-475-4357 (Travis County residents)
- [Bastrop, South Community Services](#) 512-266-1720 (Williamson County residents)
- [Hill Country TWCID Center](#) 512-266-2816 (Hill County residents)

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Information updated October 21, 2016

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## Houston

### Local Intellectual & Developmental Disability Authority (LIDDA)

[Click here to find out what a local authority is.](#)

- The Health Center for Mental Health and IDD: 713-976-7000

Information updated October 21, 2016

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## What We Do?

- Tracking down families, and having them participate can be challenging
- Families are sometimes reluctant to participate in Medicaid Waivers
- Parents need to understand that there is no commitment on the part of the state or the family at this point (Interest List)
- The person will go through an eligibility process when their name comes up on the interest list
- We encourage parents to be informed, and prepared, with the understanding that the child may not need it. These programs provide options and opportunities.

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## Ways We Connect

- Newsletter articles, Evening and Lunch Hour Parent Meetings with Parent Liaison
- Schedule appointments with parents/guardians of students age 3+ who have eligibility of IDD
- 9-week transition meetings (18+ students)
- ARD meetings (Attendance by Transition Coordinators, and ALA Staff)
- Local Authority meet and greet with school staff, Advisory Committee
- Frequent meetings with Local Authority
- Coordinate efforts with the Case Manager
- Transition of Services (school staff fades out as the long term supports take over)

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### Long Term Community Supports Impact on Graduation

- **Transition**
  - **Noun**
    - The process or a period of changing from one state or condition to another
- Traditionally, students with significant disabilities have remained in the school system until age 22, thus meeting the graduation requirement of aging out. Because of the Medicaid Waivers, students are now eligible to meet the graduation requirement §89.1070 (C) prior to age 22. This allows them to meet graduation requirements at an earlier age.

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### Long Term Community Supports Impact on Graduation

- **§89.1070. Graduation Requirements.**
  - (b) A student entering Grade 9 in the 2014-2015 school year and thereafter who receives special education services may graduate and be awarded a regular high school diploma if the student meets one of the following conditions.
    - (C) The student has access to services that are not within the legal responsibility of public education or employment or educational options for which the student has been prepared by the academic program

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### What is the Take Away?

- Have you identified every student, either by district or campus who meets the criteria for one or more of these waivers?
- Have you contacted the family to see if they are currently on any Interest list(s)?
- Have you developed a process for tracking students progress on the interest list(s)?
- Are you counseling families on how to utilize the long term community supports to achieve their post-school outcomes?
- Have you built capacity within your district by providing training to staff members who have student(s) who would be eligible for the waivers?

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References

- <https://hhs.texas.gov>

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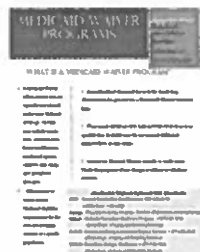
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Simplified Handouts to Review with Parents

- Go to our website for examples of handouts!
- <http://www.ahisd.net/>




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Contact Info

- Kris Holliday - [holliday@ahisd.net](mailto:holliday@ahisd.net)
- Mary Hanlon-Hillis - [mhillis@ahisd.net](mailto:mhillis@ahisd.net)
- Austin Amaro - [aamaro@ahisd.net](mailto:aamaro@ahisd.net)

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